

# Brainstorm

A sock pattern by Becky Walsh - [www.rbwknits.com](http://www.rbwknits.com)



These little top down socks are probably the easiest socks you will ever knit! Really! No stitches to pick up, no kitchener stitch weaving, just knit straight through from beginning to end! Let's go! There's no cuff or leg to speak of you basically knit a tiny roll and then begin the heel and off you go!

## Materials Needed:

Approximately 50 grams of fingering weight sock yarn

A set of 5 dpns in size 0-2 US depending on your gauge

A needle to weave in the ends



The examples were knit in Knitpicks Stroll (pink) and Lornas Laces Shepherd Sock in "Maple Leaves". I used approximately 47 grams of yarn for each pair.

## Finished measurements:

Sized to fit average women's foot - Foot length: 9- $\frac{1}{4}$  inches

### Leg and foot Pattern:

Note: This pattern is only knit on Needles 2 & 3, the instep stitches.

Row 1: Needles 2 & 3: k3 (k1, p2) to last 3 stitch, k3

Row 2: repeat row 1

Rows 3 & 4: knit

## Abbreviations:

M1 = make 1 stitch. You can do this in whatever manner you like best.

K = knit      P = purl

K2T = knit 2 together

P2T = purl 2 together

## CAST ON

This sock is a 64 stitch sock knit in stockinette and an easy to memorize leg and foot pattern (see above)

Cast on 16 stitches onto 4 dpns and join in the round. Knit 10 rounds.



## **Begin Heel**

This sock features the "strong heel". I did not invent this heel style. You'll see it used in lots of patterns for socks. It's especially great if you are using striped yarn as it doesn't interrupt the stripes very much at all. You'll be thrilled to know you don't have to make a heel flap or pick up any stitches! I only wish I had known about this method earlier when I was first learning to knit socks!

## **Heel Round One:**

Needle 1: Knit to the end of the needle, pm, m1 (you'll have 17 sts on your needle)

Needle 2 & 3: Either knit the stitches on these 2 needles in the above stitch pattern.

Needle 4: M1, pm, knit 16 stitches (you'll have 17 sts on your needle)

## **Heel Round Two:**

Needles 1 & 4: knit all stitches

Needles 2 & 3: continue pattern stitch

## **Heel Round Three:**

Needle 1: Knit to marker, slip marker, m1, knit to end of needle. (you added one st)

Needles 2 & 3: continue pattern stitch

Needle 4: knit to marker, m1, slip marker, knit to end of needle (you add one st)



**Heel Round Four:**

Needles 1 & 4: knit all stitches

Needles 2 & 3: continue pattern stitch

Continue Heel rounds 3 and 4 until you have increased 15 stitches each on needles 1 and 4.

**Heel decreases:**

We will work back and forth on Needles 1 and 4 now until the heel decreases are complete.

Knit this section back and forth on needles 1 and 4. No need for the 5th extra needle unless you just want to use it.

Using the end of needle 4 begin knitting from needle 1 as follow:

Needle 1: (RS): k1, k2t, k1 – turn Needle 1 & 4: (WS): sl1, p3, p2t, p1 – turn

Row 3 (RS): sl1, k to 1 st before gap, k2t, k1 – turn

Row 4 (WS): sl1, p to 1 st before gap, p2tog, p1 – turn

Repeat row 3 + 4 until there is one stitch unworked on each outer end of needle 4 and needle 1 separated from the rest of your stitches with the gap. You now have 17 sts on needles 1 and 4. You will do away with those extra 2 stitches from the end of the needles in the next round.

The heel is finished now and we are working in rounds again. Here is the new beginning of the round!

You'll begin on Needle 4:

k 16 sts

Now use your 5th needle to knit stitches from needle 1 now

Needle 1: knit to last 2 sts k2t

Needle 2 and 3: knit in pattern

Needle 4 k 2t, knit to end

You have now completed all the decreases and you should be back to 64 sts, 16 on each needle. You are now ready to knit the foot

Knit the foot until you are 1 ½ inches shorter than the full length of your foot. Lay your sock flat and measure from the back of the heel. Once you have reached this point you are ready for the toes.



When you are all done with the toe this is what it will look like from the end. Kind of neat looking I think.

## **Toes:**

Now let's get started on that toes:

Round 1:

Needle 1-4: k14, ssk

Rounds 2 , 4, 6, 8, 10, 12: Knit all stitches.

Rounds 3,5,7,9,11, 13-20

Needle 1: (Knit to 2 stitches before marker, SSK, pass marker, knit to last 2 stitches on needle, ssk)

Needle 2: (Knit to 2 stitches before marker, SSK, pass marker, knit to last 2 stitches on needle, ssk)

